



Pathway

The Discipleship Pathway

PATHWAY CLASS CATALOG



Explore

Transform

Discover

Mission

JOURNEY
COMMUNITY
CHURCH

Course Offerings Spring 2022

**See page 3 for
Spring 2022 Class List**



The Discipleship Pathway

AT JOURNEY COMMUNITY CHURCH

The Pathway creates clear direction for our lifelong journey of movement toward Jesus as disciples.

We're hoping that everyone at Journey will join us on the Pathway. It is designed in such a way that wherever you are in your walk with Jesus, there's a starting point for you!

Our Pathway seeks to move us forward in the following areas fundamental to discipleship:

- Experiencing the Wonder of God
- Following Jesus Through Life as My Leader
- Living in Connection to the Holy Spirit
- Understanding and Articulating the Good News of the Gospel
- Salvation and Baptism
- Understanding the Bible
- Answers to Tough Questions
- Learning How to Talk About Jesus With Others
- Spiritual Formation (Maturity) and Disciplines
- Breaking Free From Financial Stress
- God's Design for Sexuality and Dealing with Desire
- Uncovering Who You Are
- Thriving in the Community of God
- Breaking Free from Bitterness
- Fighting the Darkness That Holds Us Back
- Prayer, Healing and the Kingdom of God
- Freedom and Healing from Addictions and Trauma
- Discerning the Voice of God
- Finding Your Purpose and Unique Gifts

These Pathway classes have been intentionally designed to move us toward the goal of mature discipleship; understanding life with Jesus and following Him fully in all aspects of our lives. So, we encourage you to enroll in each and every class or experience offered on the Pathway as you are able, not just the ones that initially appeal to you. Pray and discern every trimester (Fall, Winter, Summer) as to which course God might be leading you to consider as you move further into discipleship.

Pathway Course Offerings Spring 2022

EXPLORE 101

First Step

Sundays 12:30 – 2 PM, Plaza Room

May 1, June 5

How Do I Experience Community at Journey?

Our Journey

Fridays 6:30 – 8 PM, Plaza Room

May 6 – June 3

DISCOVER 201

How Do I Get Out of Debt?

My Financial Journey

Wednesdays 6:30 – 7:30 PM

May 4 – 25

How Can I Trust The Bible?

Open Your Bible

Tuesdays 6:30 – 7:45 PM

May 3 – 24

How Do I Navigate Life in our Confusing Culture?

Thursdays 6:30 – 7:45 PM

May 5 – 26

How Do I More Deeply Connect With God?

Experiencing the Wonder of God

Fridays 6:30 – 8 PM

May 6 – 27

SPRING 2022 ELECTIVE

Yoga Faith

Tuesdays and Thursdays 9 – 10:30 AM, Corner Room

The Bible says in Acts 17:18, “For in HIM we live and move and have our being.” The word yoga means “to yoke” or “unite.” In Yoga Faith, we “yoke” ourselves to the Trinity as scriptures are spoken over us while being guided through breath prayers and postures. We create a safe space for whatever God has for you. All levels and genders and welcome and no prior experience is necessary. Come as you are!

TRANSFORM 301

Transformation Weekend

June 10 & 11

Friday Night 6 – 9 PM and Saturday 8:30 AM – 4:30 PM
Plaza Room

MISSION 401

El Salvador Mission Trip coming September 20 – 26

Registration Info

Childcare is available as requested on the registration form.

To register for any of the courses, scan the QR code or visit our website.



journeycommunitychurch.com/discipleship

See full course descriptions on the following pages.



Explore 101

Explore the foundational relationships, experiences and practices that move us toward belonging and becoming as Christ followers at Journey Community Church.

FIRST STEP

Our **First Step** lunch is an introduction to Journey and will give you an overview of who we are. It's normally held on the first Sunday of every month at 12:30 pm. We'll introduce you to the DNA of Journey, our core values, our take on what it looks like to do life with Jesus and give you more information about next steps to getting more connected here. You'll also get a chance to meet some of our pastoral team and others from Journey.

OUR JOURNEY (6 weeks)

Our Journey Workshops are the best way to get connected in this large community we call Journey. During our six interactive sessions we will explore the ESSENTIAL relationships, practices and experiences that will enable you to get the most out of all that we have to offer in our community at Journey. The sixth session provides a chance to learn about opportunities at Journey for small groups, classes and serving, as well as to discern your next step on our community's Pathway of movement toward Jesus as His disciples.



Discover 201

Move deeper into life as a disciple of Jesus
within community, engaging with scripture, prayer
and one another.

FORMATION

Experiencing the Wonder of God (4-6 weeks)

Through using intentional and transformational spiritual practices we can explore ways to deepen and nourish our personal relationship with God. No prior skills are necessary; just bring your desire to experience God.

Spiritual Practices Retreats

An extended time to engage with spiritual practices that are a means of connection with God.

DOCTRINE

Built on the Rock: Foundations for Following Christ

(4 weeks)

Journey with the early saints of the Church as we visit the historical creeds, worship songs, prayers, and teachers who helped shape the Bible and the Church. This 6-week study will look at the Biblical and theological background of contributions to our faith from the 2nd generation Church leaders.

APOLOGETICS

Engaging the Culture (Truth, Goodness, Beauty)

(4 weeks)

How do we navigate and live in a confusing and confounding culture while trying to follow a countercultural Jesus? Perhaps a passage in Paul's letter to the Philippians can help us. From that passage an ancient Christian tradition developed which helped followers of Jesus determine how to flourish in any culture: Truth, Goodness, and Beauty. By studying Scripture, looking at art, listening to music, discussing film and much more, we will explore how these three objective ideas can help us navigate our culture in a way that is absolutely winsome and yet countercultural.

Tough Questions (4 weeks)

Following Jesus in a confusing and confounding world is not easy. We find ourselves constantly facing tough questions confronting our faith and would like to have thoughtful, faith-building answers. This class will explore some of those questions and in the process hopefully encourage and edify you as we wrestle with these questions in light of Scripture, history, philosophy, and culture. Maybe these so-called barriers to belief in Jesus are actually signposts. Maybe tough questions are healthy and help us pursue God and truth.

OPEN YOUR BIBLE

Bible Overview (4 weeks)

Where did the Bible come from?

Is it reliable?

How is the Bible organized?

Learn the BIG story the Bible tells!

Bible Study Tools (4 weeks)

Join us for this four-week class where we will learn the tools to become better Bible readers. We believe that Scripture is the unified story that points to Jesus, however this book has more to it than meets the eye. Throughout this course we will discuss how the Bible is made up, how it is supposed to be read, and how we can bring ourselves to the text looking to find its divine truths as opposed to placing our thoughts onto it.

Bible Book Studies TBA

How Can I Trust The Bible? (4 weeks)

The Bible is God's story to us. It provides a framework and boundaries to our understanding of God, the world, and ourselves. But, how do we know it's actually trustworthy and true? How about the claim that God in the Old Testament seems cruel or unjust? What about the Resurrection? People don't normally rise from the dead, right? So how do we know Jesus did? These are the Bible questions we'll explore in this special Open Your Bible class. So, if you're interested in exploring some tough questions and learning some amazing truths about the Bible, this class is sure to encourage you.

FINANCES

Financial Peace (9 Weeks)

Tell your money where to go instead of wondering where it went! *Financial Peace University* is a nine-lesson class designed to help you build a budget, dump debt, grow your wealth, and leave money stress behind. Each lesson is based on biblical wisdom and common sense.

My Financial Journey (4 weeks)

Have you ever wanted to do more with your money? Have you ever wondered about the difference between tithing, offerings, and general giving? Come join us as we discuss how to make sense of finances so that you can experience more freedom and control over your money. We will also discuss challenges and pitfalls to watch out for as you pursue this transformative journey.

The Legacy Journey (6 weeks)

The Legacy Journey focuses on learning a radical view of Biblical wealth and generosity. This class is a bookend to Financial Peace Basic. It's a video teaching that is taught by Dave Ramsey with discussions in smaller groups facilitated by table leaders.

LEADERSHIP

Discovering Our Mission (4 weeks)

In this workshop we will:

1. Examine various assessments to find out our unique God given personality and strengths
2. Investigate ways to discern God's mission for us, as individuals, that align with those unique personality traits and strengths
3. Determine next steps into my calling and mission

PROPHETIC AND HEALING

Prophetic and Healing Extended Class (7 weeks)

This 7-week class will equip you to pray for the sick and share life-giving Encouraging God Words in a natural, down to earth way. We'll dig into scripture as well as learn practical "how-to's."

SEXUALITY

The Body, Sex and Relationships: Living in Our World with Grace and Truth (4 weeks)

How do we sort through all the rhetoric swirling around us regarding the body, sex and relationships in a way that enables us to live in our world with grace AND truth? We'll identify prevailing thoughts and ideas that are destructive to the human experience of love, sex and relationships and contrast them with Jesus' direction to the kind of life that flourishes. During our time together we will learn how to share that invitation to flourishing with those we love and care for in a way that exudes both grace AND truth.

Discover Your Small Group
journeycommunitychurch.com/groups





Transform 301

Engage in experiences that bring freedom, healing and increase our intimate connection with God.

TRANSFORMATION WEEKEND

Take this time away and learn how to experience a more intimate connection with God. We'll identify barriers that get in the way of this connection and have the opportunity to step into more freedom, healing and joy.

Journey's leaders will teach and provide moments to:

- engage in spiritual practices that cultivate intimate connection with God
- understand and experience forgiveness
- learn to hear God's voice
- celebrate with worship and communion
- participate in an art practice that facilitates freedom and healing
- speak and pray with a mentor

RESTORATIVE ART

We're designed to live vibrant lives overflowing with joy, purpose and relational wholeness, connected to our loving God. Life can mess with our connection, steal our true identity, feed unhealthy emotions, and hinder the goodness that marks life in Christ. Restorative Art is a creative means to deepen your connection with God. Restorative Art is a Holy Spirit-led process that utilizes listening prayer, inner healing and art practices to help participants connect to their emotions and bring them to God.

This workshop requires no prior artistic skill or art training.



Mission 401

Partner with Jesus in your calling and mission.

DISCOVERING OUR MISSION (4 weeks)

In this workshop we will:

1. Examine various assessments to find out our unique God given personality and strengths
2. Investigate ways to discern God's mission for us, as individuals, that align with those unique personality traits and strengths
3. Determine next steps into my calling and mission

