

The Meaning of Emotion

Ed Noble, Lead Pastor

November 22 & 24, 2013

MEANING OF EMOTION — The only option to “formless and void” life.

Like a city that is broken into and without walls is a man who has no control over his spirit.

Proverbs 25:28

EMOTIONAL REALITY

REALITY of feelings that need a “NO!”

Therefore consider the members of your earthly body as dead to immorality, impurity, passion, evil desire, and greed, which amounts to idolatry.

Colossians 3:5

✓ “I’ve got to be true to myself.”: Which self?

REALITY of Fractured Me

For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please.

Galatians 5:17

✓ I’m broken and conflicted... therefore,

“do as you feel”... not an option!

Teach me Your way, O LORD; I will walk in Your truth; Unite my heart to fear Your name.

Psalms 86:11

✓ We tend to fix ultimate value on less than ultimate things... The “I can’t live without _____.”

REALITY of the Devil (powerful, personalized destructive evil)

“You are of your father the devil, and you want to do the desires of your father. He was a murderer from the beginning, and does not stand in the truth because there is no truth in him. Whenever he speaks a lie, he speaks from his own nature, for he is a liar and the father of lies.”

John 8:44

- ✓ Devil — creates an emotional reality that is anti-trusting God in your life.
- ✓ We must fight over the meaning of feelings and memories.

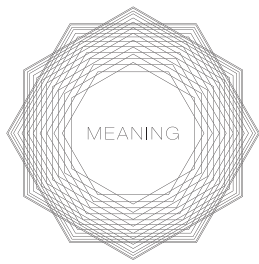
³For though we walk in the flesh, we do not war according to the flesh, ⁴for the weapons of our warfare are not of the flesh, but divinely powerful for the destruction of fortresses.

⁵We are destroying speculations and every lofty thing raised up against the knowledge of God, and we are taking every thought captive to the obedience of Christ.

2 Corinthians 10:3–5

STEPS TOWARD MEANING

1. ACKNOWLEDGE MY UNHEALTH / BROKENNESS
 - * Ask the “Duh” Jesus question: “Do you want to be healed?”
2. LOOK for the lie — under the feeling
 - Can’t just stop feeling something
 - Ask God to show you the embedded lie
 - Replace / redirect / refocus
 - Spend lots of time in God’s presence
3. ALLOW God to heal you. (Ezekiel 36:25–27)



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_____ life.

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dead to immorality, impurity, passion, evil desire, and
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Colossians 3:5

✓ "I've got to be true to myself.": _____

REALITY of _____

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Spirit against the flesh; for these are in opposition to one
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✓ I'm broken and _____... therefore,
"do as you feel"... _____!

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✓ We tend to fix _____ on less
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be _____?"

2. LOOK for _____ — under the _____

• Can't just _____ something

• Ask God to show you the _____

• _____

• Spend lots of _____

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