



## The Meaning of Sport

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### **E**verybody has Longings.

As the deer pants for streams of water, so my soul pants for you, my God. My soul thirsts for God, for the living God.

Psalm 42:1-2

### **S**ports speak powerfully to those longings.

### **P**erspective is Everything.

Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize. Everyone who competes in the games goes into strict training. They do it to get a crown that will not last, but we do it to get a crown that will last forever.

1 Corinthians 9:24-25

### **N**obody but God meets our deepest longings.

## SPORTS AS LIGHT

Sports celebrate the Glory of God's creation.

You made them a little lower than the angels; you crowned them with glory and honor.

Hebrews 2:7

Sports give us a chance to use ALL that God has given each of us for His Glory.

Sports can move us from "it's all about me".

Sports can be a powerful refining fire.

Sports give us a chance to give God claim over ALL our life.

Whether you eat or drink or whatever you do, do it all for the glory of God.

1 Corinthians 10:31

## SO WHAT IS THE TAKE HOME?

Nothing Good comes easy.

You've all been to the stadium and seen the athletes' race. Everyone runs; one wins. Run to win. All good athletes train hard. They do it for a gold medal that tarnishes and fades. You're after one that's gold eternally. I don't know about you, but I'm running hard for the finish line. I'm giving it everything I've got. No sloppy living for me! I'm staying alert and in top condition. I'm not going to get caught napping, telling everyone else all about it and then missing out myself.

1 Corinthians 9:24-27 (MSG)

Train yourself to be godly. For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come.

1 Timothy 4:7-8

It's not about the rules, it's about the game.

Be a player not a spectator.